

SUMMER

IS A GREAT TIME TO IMPROVE YOUR CHILD'S MENTAL HEALTH



OUR SUMMER CHILD AND ADOLESCENT MENTAL HEALTH PROGRAM IS FOR AGES 11 TO 17.



THE PROGRAM RUNS 8:30 AM UNTIL 2:30 PM, MONDAY THROUGH FRIDAY.



ROLLING SESSIONS ARE AVAILABLE JUNE 6 THROUGH JULY 29, 2022.

PROGRAM COMPONENTS:

- Participants will meet with our psychiatric nurse practitioner for a comprehensive evaluation.
- Three hours of Seeking Safety – an integrated practice to help identify the link between past/present experiences and how they impact unsafe thoughts and behaviors. It can also help develop new skills to manage emotions.
- Two hours of activity therapy including recreational therapy, art therapy, music therapy and pet therapy.
- Lunch, beverages and snacks are provided (pizza on Mondays and Fridays).

WE ARE HERE TO HELP YOUR CHILD ON THEIR JOURNEY TO WELLNESS.

Call us today to find out more at 720-348-2800 or visit highlandsbhs.com.



8565 S. Poplar Way
Littleton, CO 80130



Find us on 

Physicians are on the medical staff of Highlands Behavioral Health, but, with limited exceptions, are independent practitioners who are not employees or agents of Highlands Behavioral Health. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 220732-0938 5/22